

Donnybrook/Balingup March 2018

SOCIAL SUPPORT GROUPS

For bookings please contact the Social Support Office
on **9731 1823** Monday to Friday

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 	2 Balingup Welcome Club CWA Hall 10-12	3	4
5 PUBLIC HOLIDAY Labour Day	6 	7 Wednesday Club, Preston Hall 10-2pm	8	9 Guys Day Out Reptile Park & Busselton	10	11 
12 Scrabble Group 1.00-4pm Shopping Group 9am to 3pm	13	14 Wednesday Club 10am-2pm	15	16 Balingup Welcome Club CWA Hall 10-12	17	18 DB Theatre Troupe Matinee Outing
19 Scrabble Group 1.00-4pm	20	21 Wednesday Club Preston Hall BBQ Lunch \$10	22 Outing Group Crooked Carrot & Waroona	23	24	25
26 Scrabble Group 1.00-4pm 	27	28 Wednesday Club Lunch at The Dardanup Tavern	29	30 Public Holiday Good Friday	31 	

Social Support and Group Activities

Friday 9th March Guys Day Out

Enjoy being driven down south to the very popular Naturaliste Reptile Park, here the dedicated owners will give you an informative talk about the snakes, lizards and other animals being beautifully cared for at the centre. Then enjoy a pub style lunch at The Port Geographe Marina restaurant The Deck which overlooks the

Sunday 18th March Donnybrook Theatre Troupe— “Nautical but Nice “

Come jump on the CHC bus and attend the latest instalment from the Donnybrook Theatre Troup. We will attend the matinee performance which starts at 3pm and includes afternoon tea. Tickets are \$30 and CHC transport is only \$8.00. Places are limited so call Miranda at CHC to reserve your seat.

Thursday 22nd March Outing Group—Waroona

This month we are heading off to the Crooked Carrot Café for morning tea. Located on the Forrest Highway Myalup The Crooked Carrot is a café and market place offering beautiful fresh food, great coffee and quality local produce. Formally known as the Emu Pie Shop, The Crooked Carrot has revitalised this iconic site with a modern fit out, kitchen garden and street art signage. From here we will head over to Waroona to have a look at Waroona Dam and lake Navarino. Then lunch will be at one of our favourite spots the Waroona Hotel.

**CHC will be CLOSED on the following public holidays;
Monday 5th March and
Friday 30th March**

IMPORTANT EMERGENCY CONTACT NUMBERS:

Police, Fire, Ambulance (life threatening emergencies) - 000
SES (State Emergency Services assistance) - 132 500
Western Power - 131 351
Water Corporation - 131 375
Alinta Gas - 131 352

CHC News

In October we held our AGM and our board for the 2017/18 year were elected. We were lucky to have two representatives from Busseton/Margaret River and one representative from Bridgetown elected to represent our new partners. They are Fran Temby, Jane Manning and Brian Moore. Both ladies were part of the BESS Board, and Brian was a member of the Bridgetown MOW Board prior to the merger, so you can be sure they will represent their areas well. The rest of our board remains as it was and I would like to congratulate all on their appointments. *The local Donnybrook representative is Angelo Logudice.*

And in Donnybrook, we received funding to conduct a feasibility study on building a fit for purpose facility for service provision and community activities. If successful this will be a place that will enable us and other community groups to provide dementia inclusive services to the Donnybrook/Balingup region. This is the beginning of a long road to completion but exciting just the same.

Guest speakers and Entertainers—We just love having guest speakers and entertainers at our weekly Wednesday Club. In the past we have had people come and talk to us about holidays they have been on, hobbies and interests, craft displays, talks on health and wellbeing and also entertainers such as singers, boot scooters and vocalists.

If you or someone you know would be interested in presenting to our group we would love to hear from them, just contact Miranda at the CHC Donnybrook office for a chat.