












Mon	Tue	Wed	Thu	Fri	Sat	Sun
30 Zumba in the Chair 10am TAI CHI 1.15pm						1 EASTER SUNDAY
2 EASTER MONDAY PUBLIC HOLIDAY	3 SOYF CRAFT 1pm 	4 MENS GROUP BBQ - Crooked Brook	5 SOYF LIVE LIGHTER 1pm - Practice & Info session	6 Ross and Shirley Mystery Tour 	7 Bunbury Markets & Highway Hotel for Lunch	8
9 TAI CHI 1.15pm 	10 SOYF MOVIE GROUP 9am	11 MENS GROUP Croquet	12 SOYF LIVE LIGHTER Aged care Games 	13 Serenading Singers Group 10am 	14	15 Collie Coalfields Museum & Picnic Lunch 
16 Zumba in the Chair 10am TAI CHI 1.15pm	17 CRAFT 1pm	18 SOCIAL CLUB In House 10am	19 BOOK CLUB 1pm 	20	21	22
23 TAI CHI 1.15pm 	24 MOVIE GROUP 9am	25 ANZAC DAY PUBLIC HOLIDAY	26 Ross and Shirley Mystery Tour	27 Serenading Singers Group 10am	28 Bunbury Food, Arts & Music Festival 	29



Trusted in your Community

Wow we are already up to the April calendar - Time flies when you are having fun!!
We would like to wish everybody a safe and Happy Easter.

Please note there will be no Stay on Your feet during the school Holidays 16th - 29th of April.

Feed back forms - We are sending feedback forms out in the clipboards on the excursions, feel free to send back any feedback or suggestions that you may have.

Numbers are limited on all of our outings. Please be advised that you may not be able to attend all of the outings you put your name down for.

Social Support Excursions

Friday 6th & Thursday 26th April – Ross and Shirley Mystery Tour

Out and about on the bus with Ross and Shirley. Anything could happen!

Cost on the day - Morning Tea and Lunch.



Saturday 7th of April - Bunbury Markets & Lunch

Come for a stroll around the markets in Bunbury—Followed by lunch at the Highway Hotel. Free Entry to the Markets. **Highway Hotel has seniors meals for around \$17**

Thursday 12th of April - Live lighter Games (10am—2pm)

The Live lighter games will be held on the 12th of April this year and we are hoping to send a team from Bunbury and Donnybrook. Please let me know ASAP if you would like to be involved in this wonderful day. (Practice & Information Day 5th of April)

Sunday 15th April - Collie Coalfields Museum & Picnic Lunch

The Coalfields Museum provides a unique glimpse into Collies early days and is considered one of the best small town museums. **\$4 Entry to Museum.**

Picnic Lunch at the Old Worsley Church **Lunch Cost \$12**

Saturday 28th of April - Act Belong Commit Bunbury Food, Arts & Music Festival

Stirling arts Center: Live Music, Art, Market Stalls & Food trucks - **Free Entry** to the event. Lunch can be purchased from the food trucks on site.

April 2018 SOCIAL ACTIVITIES

For Bookings please contact the CHC Office
Weekdays 8.30am—4.30pm
97214988

Group Activities / Centre based

Tai Chi—1.15pm Every Monday

Slow paced exercise and movement. Focus is on breathing and balance.

Zumba in the chair—10am 16th & 30th of April

Excellent workout to fantastic music, all while seated.

Craft – 1pm 3rd & 17th of April

Bring your own crafts and meet some wonderful people. Have a chat and a cuppa.

Movies –9 am 10th & 24th of April

On the bus to the movies followed by lunch in town. **(Numbers limited)**

Social Club—10am Wednesday 18th April

This is a new addition to the calendar to trial in our wonderful day centre.

All social support clients - Men and women are invite to come along and play carpet bowls, Shuttle board & other games.

Cost will be \$15 on the day which will include morning tea and lunch.

Men's Group - 4th & 11th of April

Enjoy a day out and about on the bus. Mens only group.

4th April - Picnic at Crooked Brook Cost \$15 for lunch & Morning tea

11th April - Croquet (\$7 to play) followed by a pub lunch.

Book Club – 1pm 19th of April

Have a cuppa and discuss the book the group is reading this month.

Serenading Singers - 10am 13th & 27th of April

Join our singing group. All singers welcome.

Stay on Your Feet—Ring office for more details

No SOYF in the last 2 weeks of April due to school holidays

Bunbury - 8.45am Tuesdays & Thursdays

Australind—Monday 9.00am

Exercise class run by a qualified instructor to build strength.

Community Home Care Bunbury is on Facebook. Please like and share

our page so others can see what is available in our community.

