



Trusted in your Community

JUNE 2018

SOCIAL ACTIVITIES

For Bookings please contact the CHC Office
Weekdays 8.30am—4.30pm
9721 4988

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1 Ross and Shirley Mystery Tour 	2	3
4 PUBLIC HOLIDAY Western Australia Day	5 SOYF MOVIE GROUP 9am	6	7 SOYF MENS GROUP ALCOA TOUR	8 Serenading Singers Group 10am 	9 Harvey Indoor Markets	10
11 TAI CHI 1.15pm 	12 SOYF CRAFT 1pm	13 MENS GROUP 9am BBQ 	14 SOYF	15	16	17 Brunch at the Crooked Carrot
18 TAI CHI 1.15pm	19 SOYF MOVIE GROUP 9am 	20 SOCIAL CLUB	21 SOYF BOOK CLUB 1pm 	22 Serenading Singers Group 10am 	23	24
25 TAI CHI 1.15pm 	26 SOYF CRAFT 1pm	27 MENS GROUP 9am Croquet 	28 SOYF Ross and Shirley Mystery Tour	29	30	



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Hi Everyone,

I have not added Zumba to the Calendar this month as the dates have not been confirmed yet. I will touch base with the regular Zumba clients once I have more details.

It's certainly getting colder now, if you have any suggestions for any winter suitable activities please call the office and let me know.

Please be reminded that numbers are limited on all of our outings, you may not be able to attend all of the outings you put your name down for. Thanks for your understanding in this matter. - Jess

[Social Support Excursions](#)



Friday 1st of June - Mystery Tour

Out and about on the bus with Ross and Shirley. Anything could happen!

Cost on the day - Morning Tea and Lunch.

Saturday 9th of June - Harvey Indoor Markets

Have a stroll around the indoor Markets at the Harvey Recreation Center.

Followed by lunch at a local café.

Cost on the day - Gold Coin Entry to Markets & Lunch at own cost

Sunday 17th of June - Crooked Carrot

Brunch at the lovely Crooked Carrot, order from the extensive menu and have a browse at the local produce available for purchase.

Cost on the day - Brunch at own cost

Thursday 28th of June - Mystery Tour

Out and about on the bus with Ross and Shirley. Anything could happen!

Cost on the day - Morning Tea and Lunch.

June 2018 SOCIAL ACTIVITIES

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97214988**

[Group Activities / Center based](#)

Tai Chi - 1.15pm Every Monday

Slow paced exercise and movement. Focus is on breathing and balance.

Craft - 1pm 12th & 26th of June

Bring your own crafts and meet some wonderful people. Have a chat and a cuppa.

Movies - 9 am 5th & 19th of June

On the bus to the movies followed by lunch in town. **(Numbers limited)**

Social Club - 10am Wednesday 20th of June

All social support clients - Men and women are invite to come along and play carpet bowls, shuttle board and bingo.

Cost will be \$15 on the day which will include Morning tea and lunch.

Men's Group - 7th, 13th & 27th of June

Enjoy a day out and about on the bus. Mens only group.

7th - Thursday outing - Alcoa Tour along with a group of our Collie Clients

13th - BBQ at Honeymoon Pool (\$15 includes Morning tea & Lunch)

27th - Croquet followed by a pub lunch in Bunbury. (\$7 to play croquet & \$3 morning tea)

Book Club - 1pm 21st of June

Have a cuppa and discuss the book the group is reading this month.

Serenading Singers - 10am 8th & 22nd of June

Join our singing group. All singers welcome.

Stay on Your Feet—Ring office for more details

Bunbury - 8.45am Tuesdays & Thursdays

Australind—Monday 9.00am

Exercise class run by a qualified instructor to build strength.

Community Home Care Bunbury is on Facebook.

**Please like and share our page so others
can see what is available in our community.**

